

## ALL-DAY BREAKFAST

HOUSE-MADE SWEET LOAF | RAW CHANTILLY  
CASHEW CREAM | RAW BLUEBERRY CHIA JAM  
(V) \$14.0

FREE RANGE DIPPY EGGS | SORGHUM TOAST |  
FARM HOUSE CHUTNEY \$13.0  
w/ AVOCADO \$18.5  
w/ NITRATE FREE SMOKEY BACON \$19.5

BANANA, MANGO TAHINI BOWL | RAW  
CHANTILLY CASHEW CREAM | HEMP SEEDS |  
CACAO NIBS (V, P) \$17.0

GREEN PEA, CHICKPEA, LEMON AND  
MINT SMASH | HOUSE KRAUT |  
ACTIVATED NUT AND SEED BREAD |  
BEETROOT AIOLI (V, P) \$18.0  
w/ BAKED ALMOND FETA \$23.0

BUCKWHEAT PANCAKES | CARAMELISED  
MAPLE BANANA | RAW CHANTILLY  
CASHEW CREAM | RAW BLUEBERRY CHIA JAM |  
PURE MAPLE SYRUP (V) \$18.0  
w/ COCONUT ICE CREAM \$22.0

BREAKFAST BOWL | FREE RANGE EGG |  
AVOCADO | CHARRED PUMPKIN | BLACK  
GOMASHIO | SPROUTED MUNG | BEETROOT  
AIOLI (P) \$18.0  
w/ GRILLED TEMPEH \$24.5

SMASHED AVOCADO | SORGHUM TOAST |  
PICKLED CAULIFLOWER | KALAMATA OLIVE  
CRUMB (V) \$18.5  
w/ NITRATE FREE SMOKEY BACON \$25.0

SORGHUM WRAP | FREE RANGE FRIED EGGS |  
NITRATE FREE SMOKEY BACON | CHARRED  
PUMPKIN | GRILLED ONION | AVOCADO |  
ORGANIC SPINACH | FARM HOUSE CHUTNEY  
\$22.0

## LUNCH

FROM 11:53AM

OPEN SORGHUM SANDWICH | RAW VEGEMITE |  
SMASHED AVOCADO | BAKED ALMOND FETA  
(V) \$17.0

TEMPEH BOWL | BLACK BEAN NOODLES | ENOKI  
FLOSS | BLACK GOMASHIO | BEETROOT AIOLI  
(V, P) \$20.0

SOFT TACOS | TURMERIC RICE | CHARRED  
SWEET CORN | SMASHED AVOCADO | VEGAN  
SLAW | RAW SMOKEY SOUR CREAM (V) \$20.0  
w/ PLANT CHEDDAR \$23.0

THE MOTHER SALAD | AVOCADO | BAKED  
ALMOND FETA | ACTIVATED SEEDS | HOUSE  
KRAUT | CHARRED SWEET CORN | SPROUTED  
MUNG (V, P) \$22.0  
w/ FREE RANGE EGGS \$25.5  
w/ GRILLED TEMPEH \$28.5

SAN CHOY SORGHUM BURGER | WALNUT AND  
MUSHROOM PATTY | TOMATO | HOUSE KRAUT |  
ENOKI FLOSS | FARM HOUSE CHUTNEY | RAW  
SMOKEY SOUR CREAM (V) \$22.0

FREE RANGE CHICKEN BOWL | TURMERIC RICE |  
CHARRED PUMPKIN | SMASHED AVOCADO |  
KALAMATA OLIVE CRUMB | PICKLED  
CAULIFLOWER \$25.0

EXTRAS | ACTIVATED BREAD UPGRADE \$2.0  
FREE RANGE EGGS \$3.5  
HOUSE KRAUT \$4.5 | ENOKI FLOSS \$4.5  
BAKED ALMOND FETA \$5.0  
HALF AVOCADO \$5.5  
NITRATE FREE SMOKEY BACON \$6.5  
TEMPEH \$6.5 | FREE RANGE CHICKEN \$9.0