



PRODUCT LIST (GF, SF, DF)

Product *	Product Description	RRP
Breads (V) **		
Apricot and Walnut Loaf	A variation to a traditional fruit loaf incorporating rustic pieces of apricot and walnut. Shaped as a vienna loaf.	10.0
Bread Roll	A sorghum-based bread roll that is light and fluffy. Perfect for salad rolls.	2.0
Brown Seeded Sorghum Loaf	A brown sorghum loaf topped with a blend of poppy, sunflower, and pepita/pumpkin seeds. Shaped as a sandwich loaf.	9.5
Brown Sorghum Loaf	This loaf is a nutritional powerhouse incorporating a mix of flours largely based on sorghum flour. Shaped as a sandwich loaf.	9.0
Mini Fruit Bun	An individual portion of the spiced fruit loaf. Soft and fluffy perfect served along side a cup of tea.	2.5
Multigrain Loaf	An extension on the brown sorghum loaf full of nutritional seeds. Filled with linseeds, poppy seeds and sesame seeds, this loaf provides a nutritional sandwich-style loaf.	9.5
Olive and Garlic Loaf	An extension of the brown sorghum loaf incorporating an abundance of kalamata olives and a hint of garlic. Shaped as a cob loaf.	10.0
Seeded Bread Roll	A soft and fluffy extension on the bread roll topped with sesame seeds.	2.5
Soy and Linseed Loaf	This loaf has the brown sorghum foundation although abundantly filled with nutritional soy grits and linseeds. The loaf is then scattered with linseeds to garnish. Shaped as a sandwich loaf.	9.5
Spiced Fruit Loaf	A sorghum-based loaf abundantly filled with Australian fruit and pimento allspice. A	9.5

	rustic vienna style loaf perfect for a breakfast addition.	
Sun-Dried Tomato and Basil Loaf	This loaf is utilises the brown sorghum base although incorporates the traditional flavours of tomato and basil. This loaf is a savoury favourite suitable for share plates. Shaped as a cob loaf.	10.0
Muffins (Grain-Free)		
Almond and Banana Muffin	Based on blanched almond meal with natural flavour and sweetness from the banana, complimented by xylitol and a hint of spice.	4.6
Blueberry and Poppy Seed Muffin	Based on blanched almond meal giving this muffin an extremely light and moist texture. It is sweetened with the low GI and fructose-free natural sweetener, organic rice malt syrup.	4.6
Chocolate Cacao Muffin	This muffin has such a light and moist texture due to the use of whole chickpeas as the base ingredient complimented by unsweetened cacao powder. Unsweetened orange juice and organic rice malt syrup are used to sweeten this muffin.	4.6
Crumble Muffin (Apple)	Based on blanched almond meal, this muffin provides a delicious and healthy alternative. It is sweetened with the low GI and fructose-free natural sweetener, organic rice malt syrup, complimented by fresh seasonal fruit. Currently using spiced organic apple.	4.6
Triple Coconut Muffin	A muffin incorporating the light and indulgent coconut nature through the perfect mix of organic coconut flour, coconut cream, and flakes of coconut to garnish. Sweetened with a small amount of raw local honey.	4.6
Cakes and Slices		
Banana Bread	Purchased as a whole loaf, this natural, rustic banana bread is based on organic buckwheat flour and almond meal giving it a beautiful nutty flavour. Sweetened naturally with banana and a few tablespoons of raw honey for the whole loaf, it is the perfect accompaniment to a cup of tea. RRP of \$4.6 per slice with approximately 12 slices.	27.6
Choc-Hazelnut Mud Cake (Grain-Free)	Based on organic coconut flour, unsweetened cacao powder, organic coconut oil, and free range eggs resulting in a rich and decadent mud cake. Sweetened with organic	31.2

	rice malt syrup and raw local honey. It is best served chilled to increase the muggy consistency. Sold as a 12-slice cake. RRP of \$5.20 per slice.	
Choc-Hazelnut Slice (Grain-Free)	Based on organic coconut flour, unsweetened cacao powder, organic coconut oil, and free range eggs resulting in a rich and decadent slice. Sweetened with organic rice malt syrup and raw local honey.	4.6
Raw Avocado and Chocolate Ganache Cake (V, Grain-Free)	A rich and decadent raw cake based on avocado and raw cacao. This cake is sweetened with organic medjool dates and organic raw pure maple syrup. Sold as a 12-slice cake. RRP of \$8.00 per slice. Would be suitable for a 16-slice cake.	4.8
Biscuits		
Almond and Date Cookies (V, Grain-Free)	A simple and delicious cookie based on blanched almond meal and sweetened with organic rice malt syrup. Complemented by roughly chopped dates.	4.2
Raw Peanut Butter Cookies (V, Grain-Free)	A rustic raw vegan cookie half dipped in raw chocolate sauce. Is made using organic peanut butter and almonds as a base. Sweetened with raw organic maple syrup and medjool dates.	4.2
Rose Infused Xylitol Meringue Biscuit (Grain-Free)	Small meringues lightly flavoured with rose water leaving a naturally cooling effect due to the use of the xylitol.	1.2
Seed Cookies (V, Grain Free)	These cookies are a nutritional powerhouse which provide a boost of protein and fibre. They are not too sweet using only minimal organic rice malt syrup (low GI and fructose-free) and spices to sweeten this cookie.	4.2
Sugar Free Sesame Snaps (V, Grain-Free)	A healthy take on an old favourite. These biscuits are sweetened with organic rice malt syrup, low GI and fructose-free.	3.6

* All Marie Anita's products are gluten-free, sugar-free, and dairy-free with absolutely nothing artificial

** Breads are vegan incorporating organic coconut sugar to activate the yeast. All breads are also high in fibre as psyllium husks are integrated in each loaf. All loafs are baked fresh daily and come unpackaged with packaging provided for the sale.